**Week 0: Fumigation Period**

**Name:**

**Mobile:**

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| **Personal Development Workouts** |
| 1. Calculate and set your goals, should be high but realistic. Prepare an income goal for the next 3 years *Eg:* [*https://bit.ly/327h7Yi*](https://bit.ly/327h7Yi)    1. Career & Income goals.   *Income calculation template:* [*http://tiny.cc/incometemp*](http://tiny.cc/incometemp)   * 1. Personal & lifestyle goals  1. Design a system (habits) that works for you. Prepare a good timetable for    1. Work &    2. Personal lifestyle |
| *Write a short description about this task*  *Link to your goals document* |
| *Write a short description about this task*  *Link to your timetable document* |

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| **Technical Workouts** |
| 1. Learn the fundamentals of programming by the end of this week. You can refer to the 100K Coding Challenge or any other tutorials 2. Complete all the assignments given in the below document   *Assignments:* [*http://tiny.cc/w1asgn*](http://tiny.cc/w1asgn)   1. Finalise your domain by the end of this week |
| *Write a short description about this task* |
| *Write a short description about this taski*  *Link to the folder containing the code and the screenshot of the output* |
| *Domain you have chosen:*  *Explain why did you choose this domain* |

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| **Miscellaneous Workouts** |
| 1. Presentation on your progress during the last week. Presentation should address the following points (presentation should be in English; if not confident to speak in English you can present in Malayalam on permission)    1. Introduction about yourself including your family and educational background    2. What is your domain? Why did you choose that domain?    3. What is your current knowledge level in your domain?    4. How was your last week at SPS |
| *Explain about your presentation experience* |

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| **Extra Assignments** |
| 1. Complete all the assignments given in the following document   *Extra assignments:* [*http://tiny.cc/w1exasgn*](http://tiny.cc/w1exasgn) |
| *Write a short description about this task*  *Link to the folder containing the code and the screenshot of the output* |